

What to bring to the first visit

If your insurance requires a referral (most HMOs do), please make sure it is current. For your first visit it is helpful to have previous medical records including lab results, X-rays, and growth charts available for us to review.

What to expect at the visit

Upon arrival at our office, you will be asked to complete some forms to obtain information about address, phone numbers, insurance information etc. Then your child will be "checked in", which entails measuring the height, weight, and vital signs.

You will be put in an exam room, where we will see you. We will take a complete medical history, followed by a detailed physical examination. In the case of adolescents your child may be given the option of asking you to leave the room to afford him/her some privacy if he/she so desires. This will be your child's decision.

We will decide if your child needs further testing, which may entail blood, and/or urine tests and/or X-rays. The blood is most often drawn at our office by us. The X-rays can be taken in house, and in most cases will be read by us.

If you would like results of tests done at your visit, please call us in 10 days. If we are busy seeing patients, please leave a message and we will try to call you by the end of the day. If we are away, and you are seeking results of a simple test, our nurse may be able to give you the result immediately. If the test is more complex and requires interpretation, the physician or nurse practitioner will call you when they return. We make every effort to call you with abnormal results.

The visits are usually 1 hour for the initial visit and 20-30 minutes for the follow-up visits. Please **schedule your follow-up visits in advance**, because the schedule fills up fast. Reading material is available for some of the endocrine disorders, and we will be glad to make this material available to you.

Please note that co-payments are expected at the time of the visit. The office does accept credit cards for payment. We also accept cash or checks. If a check bounces, there will be a \$40.00 re-billing fee.